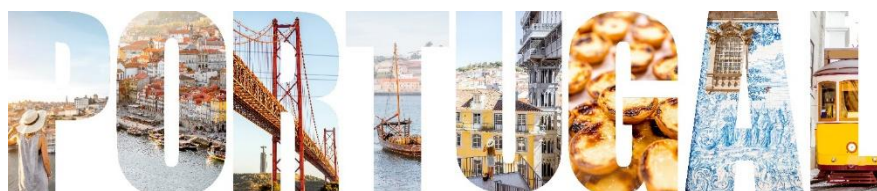


LIVING & WORKING IN



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1. General info

Portuguese labour market: situation and trends (*EURES portal*) https://eures.europa.eu/living-and-working/labour-market-information/labour-market-information-portugal_en

Living and working in Portugal: useful info (*EURES portal*) https://eures.europa.eu/living-and-working/living-and-working-conditions/living-and-working-conditions-portugal_en

Expat.com Portugal Guide www.expats.com/en/guide-map/europe/portugal/

2. Cost of living

www.expats.com/en/cost-of-living/country/portugal

www.expats.com/en/cost-of-living/country/comparison/

www.numbeo.com/cost-of-living/country_result.jsp?country=Portugal

www.numbeo.com/cost-of-living/comparison.jsp

<https://essencial-portugal.com/en/> (useful info by a French expat who moved to Portugal)

<https://gotopotugal.eu/en/> (blog about Portugal)

3. Accommodation

www.era.pt/en/

www.remax.pt/en/

<https://en.comprarcasa.pt>

www.uniplaces.com/en/

www.idealista.pt/en/

<https://casa.sapo.pt/en-GB/>

https://casaiol.pt/en_GB/

<https://supercasa.pt/en-gb/>

<https://quatu.pt/en/>

www.imoportugal.pt/en-GB/

www.century21.pt

www.imovirtual.pt

www.bquarto.pt

www.queroarrendar.com

www.caixaimobiliario.pt

<https://bpiexpressoimobiliario.net>

4. Finding & applying for a job

EURES Portal <https://eures.europa.eu>

European Job Days event platform www.europeanjobdays.eu

English Jobs <https://englishjobs.pt/>

Jobs in Lisbon (for non-Portuguese speakers) www.jobsinlisbon.com

Jobs in Porto (for non-Portuguese speakers) www.jobinporto.com

Jobs in Network <https://portugal.jobsinnetwork.com>

Expat.com www.expats.com/en/jobs/europe/portugal/

Iefponline – Public Employment Service job bank <https://iefponline.iefp.pt/>

Iefponline – Public Employment Service job bank (*vacancies for non-residents*)
<https://iefponline.iefp.pt/IEFP/ofertas/emprego/recrutamento-internacional/estados-terceiros.jsp>

Madeira Employment Institute www.iem.madeira.gov.pt

Azores Employment Portal <https://emprego.azores.gov.pt>

Landing.jobs <https://landing.jobs/jobs?page=1&location=Portugal>

IT Jobs www.itjobs.pt

ICT & Tech TotalJobs www.totaljobs.com > Portugal

ICT & Tech Glassdoor www.glassdoor.com > Portugal

Remote Rocketship in Portugal www.remoterocketship.com/country/portugal

Tourism Jobs Portal www.turijobs.pt

Jobbe: employability bank <https://bolsadeempregabilidade.pt/jobbe/>

Ambitur Tourism & Environment Jobs

<https://www.ambitur.pt/categoria/inside/bolsa-de-emprego/>

HOSCO Hospitality & Catering Jobs www.hosco.com > Portugal

MeteoJob (français) www.meteojob.com > Portugal

Communication Jobs www.cargadetrabalhos.net

Fashion Jobs <https://pt.fashionjobs.com/>

Job bank for Librarians, Archivists and Documentalists <https://bad.pt/bolsa-de-emprego/>

Public Administration Jobs Bank www.bep.gov.pt

Expressoemprego <https://expressoemprego.pt/>

Sapo Emprego <https://emprego.sapo.pt/>

Universia Portal (*jobs & traineeships for students and graduates*) www.universia.net/pt/

NetEmpregos www.net-empregos.com

OLX jobs in Portugal www.olx.pt/emprego

EmpregoCM www.empregocm.pt

Careerjet.pt – Jobs & Careers in Portugal www.careerjet.pt

GoEmpregos <https://goempregos.pt/>

Ofertas de Emprego www.ofertasdeemprego.pt

Bons Empregos www.bonsempregos.com

Jobted www.jobted.pt

Talent.com <https://pt.talent.com>

Alerta emprego www.alertaemprego.pt

Indeed.pt <https://pt.indeed.com/>

EmpregoXL www.empregoxl.com/

Jobrapido.com <https://pt.jobrapido.com/>

Expatica Jobs www.expatica.com/pt/jobs

PortalEmprego www.portalemprego.pt

Hello Work www.hellowork.com

Empregos Hoje <https://empregos-hoje.com>

Emprego.pt www.emprego.pt/jobs

iAgora jobs & traineeships www.iagora.com > Portugal

Traineeship Rules in Portugal <https://www.gov.pt/guias/estagios-em-portugal>

Traineeships & Graduate Programmes in Portugal <https://estagiar.pt>

Erasmus Internships & Jobs Search www.erasmuscareers.org (search by Lisbon | Porto)

Companies available to welcome international trainees

<https://talentportugal.com/en/stages/international-internship-job/>

Licensed Temporary Work Agencies www.iefp.pt/empresas-trabalho-temporario

Authorized Private Placement Agencies www.iefp.pt/agencias-privadas-colocacao

Portuguese CV examples www.web-emprego.com/modelos-de-curriculum-vitae/

Europass CV & motivation letter <https://europa.eu/europass>

5. Labour Law (work contracts)

Working in Portugal: your rights (Portuguese Labour Law) – guide for foreign worker

https://portal.act.gov.pt/AnexosPDF/Documentação/Brochuras,%20folhetos%20e%20cartazes/Folhetos/Relações%20de%20Trabalho/guia_trabalhadorestrangeiro_EN.pdf

Working in Portugal – FAQs

<https://portal.act.gov.pt/Pages/PerguntasFrequentes.aspx>

Authority for Working Conditions <https://portal.act.gov.pt/>

6. Wage Simulators 2026

Doutor Finanças www.doutorfinancas.pt/simulador-salario-liquido-2026/

DataLABOR <https://datalabor.pt/simuladores/sal-liquido>

7. Starting up a business / freelancers

One-stop shop for employers <https://www.gov.pt/areas-tematicas/empresas-e-negocios>

Creating a company online <https://www.gov.pt/servicos/criar-uma-empresa-online>

Creating a company on the spot <https://registo.justica.gov.pt/Empresas/Empresa-na-Hora>

Business Support Centres: one-stop shops for entrepreneurs <https://www.gov.pt/locais-de-atendimento?search=Espaço%20Empresa>

Entrepreneurship Manual & Practical Guide <https://www.iapmei.pt/pt/saber-mais/empreendedorismo-e-inovacao/empreendedorismo/guias-e-manuais-de-apoio/>

AICEP Portugal Global : investing in Portugal www.portugalglobal.pt/en/investment/doing-business/

Lisbon Challenge - Startup Acceleration Programme <https://lisbon-challenge.com>

Unicorn Factory Lisboa <https://unicornfactorylisboa.com>

Taguspark <https://taguspark.pt/>

Algarve Tech Hub <https://algarvetechhub.com>

Porto Tech Hub <https://portotechhub.com>

Tecmaia <https://www.tecmaia.pt>

Instituto Pedro Nunes <https://www.ipn.pt>

N-invest Portugal (AEP) www.n-investportugal.pt

InvestPorto www.investporto.pt

InvestBraga <https://investbraga.com>

Enterprise Europe Network in Portugal https://bit.ly/EEN_Portugal

Starting up a business in the EU https://europa.eu/youreurope/business/running-business/start-ups/starting-business/index_en.htm

8. Remote workers / Digital nomads / Coworking

Portugal for Digital Nomads Guide <https://govisafree.com/digital-nomad-portugal/>

Co-worker.com www.coworker.com/portugal

Co-working spaces network in the interior of Portugal <https://rebrand.ly/CoWorkingInterior>

Digital Nomad Visa – Residency (*for 3rd country nationals*) <https://vistos.mne.gov.pt/en/national-visas/necessary-documentation/temporary-stay#for-the-exercise-of-a-professional-activity-done-remotely-digital-nomads>

Digital Nomad Visa – Temporary Stay (*for 3rd country nationals*) <https://vistos.mne.gov.pt/en/national-visas/necessary-documentation/residency#for-the-exercise-of-a-professional-activity-done-remotely-digital-nomads>

9. Social Security

Portuguese Social Security www.seg-social.pt

10. Taxation

Portuguese Taxes Portal www.portaldasfinancas.gov.pt

Tax System in Portugal <https://info.portaldasfinancas.gov.pt/en/tax-information/>

11. Learning Portuguese

Camões Institute www.instituto-camoes.pt (*online language training up to C1*)

Portuguese Language Centres, Lectorates, University Cathedras and Schools throughout the world
www.instituto-camoes.pt/en/activity-camoes/what-we-do/learn-portuguese/on-site-learning

Portuguese Closer to you www.portuguesmaisperto.pt/indexEN.htm

Learning portuguese in Portugal (Universities) www.instituto-camoes.pt/en/activity-camoes/what-we-do/learn-portuguese/in-portugal

CAPLE : Portuguese Language certification authority <http://caple.lettras.ulisboa.pt/>

Comon European Framework Reference for Language Skills
<https://europa.eu/europass/fr/common-european-framework-reference-language-skills>

Private e-learning platforms

European Portuguese

www.practiceportuguese.com

www.portugueselab.com

www.portugalist.com/european-portuguese-courses/

Brazilian Portuguese

www.easyportuguese.org

www.busuu.com

www.duolingo.com

www.babbel.com

30 Apps for learning Portuguese www.alllanguageresources.com/portuguese-apps/

Portuguese (Private) Certified Language Schools in Portugal

(including immersive intensive course offer)

www.languageinternational.com/portuguese-schools-portugal

12. Healthcare

National Healthcare System www.sns.gov.pt

Access to Portuguese NHS <http://bit.ly/HealthAccess> [EUcitizens](#)

13. Education

Portuguese Educational System

<https://euroguidance.gov.pt/en/educational-system>

www.scholaro.com/db/Countries/Portugal/Education-System

www.expatica.com/pt/education/children-education/the-education-system-in-portugal-105195/

Polytechnic Education <https://dev.portugalpolytechnics.com/>

Study in Portugal (Universities) <https://www.studyportugal.pt/>

International Schools in Portugal

www.international-schools-database.com/country/portugal

www.movingtoportugal.pt/dia-a-dia/estudar-em-portugal/

Kindergarten Directory <https://infantariospt.com>

School Equivalence (*primary & secondary education*) www.dge.mec.pt/equivalencias-estrangeiras

Academic Recognition (ENIC-NARIC Centre) http://bit.ly/PT_EnicNaric

14. Professional Recognition

Recognition of Professional Qualifications

www.dgert.gov.pt/reconhecimento-das-qualificacoes-profissionais

Regulated professions and competent authorities

<https://www.dgert.gov.pt/lista-das-profissoes-regulamentadas-e-autoridades-competentes>

15. Leisure & Culture

www.visitportugal.com (*tourism*)

www.viralagenda.com/?locale=en

www.timeout.com/lisbon/

www.timeout.com/porto/

<http://cinecartaz.publico.pt> (*cinema*)

www.agendalx.pt

<https://lisboando.com>

<https://oportoando.com>

<https://enalgarve.com>

www.lifecooler.com

www.bol.pt

www.ticketline.pt

<https://bilheteira.fnac.pt>

16. Visa & Immigration Procedures

(for 3rd country nationals)

Portuguese Visas Portal (Ministry of Foreign Affairs) <https://vistos.mne.gov.pt/pt/>

Work (& Research) Visa – Temporary Stay <https://vistos.mne.gov.pt/en/national-visas/general-information/type-of-visa#work-and-investigation>

Residency Visa for Work purposes <https://vistos.mne.gov.pt/en/national-visas/general-information/type-of-visa#work>

Agency for Integration, Migrations and Asylum (Immigrants' Residence & Integration in Portugal) www.aima.gov.pt

17. Gov.pt: the Portuguese public services portal

<https://gov.pt/>

Request the Tax, Social Security and National Healthcare Service ID numbers altogether <https://www.gov.pt/servicos/pedir-os-numeros-de-identificacao-fiscal-seguranca-social-e-nacional-de-utente-saude-para-estrangeiros>

18. Work in Portugal event

Annual info & recruitment event about Portugal, at the European Job Days platform:

2025 edition: <https://europeanjobdays.eu/workinportugal2025>

(Programme recording and Powerpoint presentations are available)

2026 edition (November 20th): <https://europeanjobdays.eu/workinportugal2026>

(registration for jobseekers will be open from October 6th)

19. HOW TO REACH US

eures@iefp.pt

Chat on Fridays (11:00 to 13:00 CET)

https://eures.europa.eu/eures-services/chat-eures-advisers_en

Online Advice <https://bit.ly/euresPTadvice>

Website, social media, events, contacts and other useful info @...

Linktree EURES Portugal <https://linktr.ee/euresportugal>