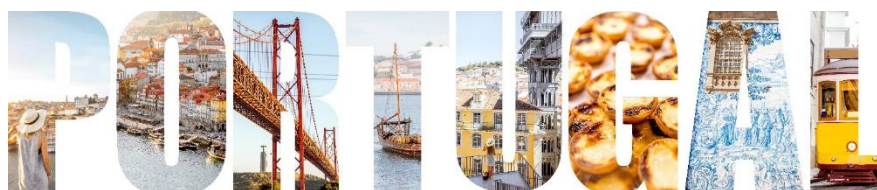


# LIVING & WORKING IN



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## 1. General info

Portuguese labour market: situation and trends (*EURES portal*) [https://eures.europa.eu/living-and-working/labour-market-information/labour-market-information-portugal\\_en](https://eures.europa.eu/living-and-working/labour-market-information/labour-market-information-portugal_en)

Living and working in Portugal: useful info (*EURES portal*) [https://eures.europa.eu/living-and-working/living-and-working-conditions/living-and-working-conditions-portugal\\_en](https://eures.europa.eu/living-and-working/living-and-working-conditions/living-and-working-conditions-portugal_en)

Expat.com Portugal Guide [www.expats.com/en/guide-map/europe/portugal/](http://www.expats.com/en/guide-map/europe/portugal/)

## 2. Cost of living

[www.expats.com/en/cost-of-living/country/portugal](http://www.expats.com/en/cost-of-living/country/portugal)

[www.expats.com/en/cost-of-living/country/comparison/](http://www.expats.com/en/cost-of-living/country/comparison/)

[www.numbeo.com/cost-of-living/country\\_result.jsp?country=Portugal](http://www.numbeo.com/cost-of-living/country_result.jsp?country=Portugal)

[www.numbeo.com/cost-of-living/comparison.jsp](http://www.numbeo.com/cost-of-living/comparison.jsp)

<https://essencial-portugal.com/en/> (*useful info by a French expat who moved to Portugal*)

<https://gotoportugal.eu/en/> (*blog about Portugal*)

## 3. Accommodation

[www.era.pt](http://www.era.pt)

[www.remax.pt](http://www.remax.pt)

[www.comprarcasa.pt](http://www.comprarcasa.pt)

[www.uniplaces.com/en/](http://www.uniplaces.com/en/)

[www.idealista.pt/en/](http://www.idealista.pt/en/)

<https://casa.sapo.pt/en-GB/>

[https://casa.iol.pt/en\\_GB/](https://casa.iol.pt/en_GB/)

<https://supercasa.pt/en-gb/>

<https://quatru.pt/en/>

[www.imoportugal.pt/en-GB/](http://www.imoportugal.pt/en-GB/)

[www.century21.pt](http://www.century21.pt)

[www.imovirtual.pt](http://www.imovirtual.pt)

[www.bquarto.pt](http://www.bquarto.pt)

[www.queroarrendar.com](http://www.queroarrendar.com)

[www.caixaimobiliario.pt](http://www.caixaimobiliario.pt)

<https://bpiexpressoimobiliario.pt>

## 4. Finding & applying for a job

EURES Portal <https://eures.europa.eu>

European Job Days event platform [www.europeanjobdays.eu](http://www.europeanjobdays.eu)

English Jobs <https://englishjobs.pt/>

Jobs in Lisbon (for non-Portuguese speakers) [www.jobsinlisbon.com](http://www.jobsinlisbon.com)

Jobs in Porto (for non-Portuguese speakers) [www.jobinporto.com](http://www.jobinporto.com)

Jobs in Network <https://portugal.jobsinnetwork.com>

Expatriate.com [www.expatriate.com/en/jobs/europe/portugal/](http://www.expatriate.com/en/jobs/europe/portugal/)

Iefponline – Public Employment Service job bank <https://iefponline.iefp.pt/IEFP/>

Iefponline – Public Employment Service job bank (*vacancies for non-residents*)  
<https://iefponline.iefp.pt/IEFP/ofertas/emprego/recrutamento-internacional/estados-terceiros.jsp>

Madeira Employment Institute [www.iem.madeira.gov.pt](http://www.iem.madeira.gov.pt)

Azores Employment Portal <https://emprego.azores.gov.pt>

Landing.jobs <https://landing.jobs/jobs?page=1&location=Portugal>

IT Jobs [www.itjobs.pt](http://www.itjobs.pt)

ICT & Tech TotalJobs [www.totaljobs.com](http://www.totaljobs.com) > Portugal

ICT & Tech Glassdoor [www.glassdoor.com](http://www.glassdoor.com) > Portugal

Remote Rocketship in Portugal [www.remoterocketship.com/country/portugal](http://www.remoterocketship.com/country/portugal)

Tourism Jobs Portal [www.turijobs.pt](http://www.turijobs.pt)

Jobbe: employability bank <https://bolsadeempregabilidade.pt/jobbe/>

Ambitur Tourism & Environment Jobs

<https://www.ambitur.pt/categoria/inside/bolsa-de-emprego/>

HOSCO Hospitality & Catering Jobs [www.hosco.com](http://www.hosco.com) > Portugal

MeteoJob (français) [www.meteojob.com](http://www.meteojob.com) > Portugal

Communication Jobs [www.cargadetrabalhos.net](http://www.cargadetrabalhos.net)

Fashion Jobs <https://pt.fashionjobs.com/>

Job bank for Librarians, Archivists and Documentalists <https://bad.pt/bolsa-de-emprego/>

Public Administration Jobs Bank [www.bep.gov.pt](http://www.bep.gov.pt)

Expressoemprego <https://expressoemprego.pt/>

Sapo Emprego <https://emprego.sapo.pt/>

Universia Portal (*jobs & traineeships for students and graduates*) <https://jobs.universia.net/pt>

NetEmpregos [www.net-empregos.com](http://www.net-empregos.com)

OLX jobs in Portugal [www.olx.pt/emprego](http://www.olx.pt/emprego)

EmpregoCM [www.empregocm.pt](http://www.empregocm.pt)

Careerjet.pt – Jobs & Careers in Portugal [www.careerjet.pt](http://www.careerjet.pt)

GoEmpregos <https://goempregos.pt/>

Ofertas de Emprego [www.ofertasdeemprego.pt](http://www.ofertasdeemprego.pt)

Bons Empregos [www.bonsempregos.com](http://www.bonsempregos.com)

Jobtide <https://jobtide.pt>

Jobted [www.jobted.pt](http://www.jobted.pt)

Talent.com <https://pt.talent.com>

Alerta emprego [www.alertaemprego.pt](http://www.alertaemprego.pt)

Indeed.pt <https://pt.indeed.com/>

EmpregoXL [www.empregoxl.com/](http://www.empregoxl.com/)

Jobrapido.com <https://pt.jobrapido.com/>

Expatica Jobs [www.expatica.com/pt/jobs](http://www.expatica.com/pt/jobs)

PortalEmprego [www.portalemprego.pt](http://www.portalemprego.pt)

Hello Work [www.hellowork.com](http://www.hellowork.com)

Empregos Hoje <https://empregos-hoje.com>

Emprego.pt [www.emprego.pt/jobs](http://www.emprego.pt/jobs)

iAgora jobs & traineeships [www.iagora.com](http://www.iagora.com) > Portugal

Traineeship Rules in Portugal [https://bit.ly/traineeships\\_PT](https://bit.ly/traineeships_PT)

Traineeships & Graduate Programmes in Portugal <https://estagiar.pt>

Erasmus Internships Search <https://bit.ly/erasmusPTinternships>

Companies available to welcome international trainees [https://bit.ly/PT\\_internship\\_companies](https://bit.ly/PT_internship_companies)

Licensed Temporary Work Agencies [www.iefp.pt/empresas-trabalho-temporario](http://www.iefp.pt/empresas-trabalho-temporario)

Authorized Private Placement Agencies [www.iefp.pt/agencias-privadas-colocacao](http://www.iefp.pt/agencias-privadas-colocacao)

Portuguese CV examples [www.web-emprego.com/modelos-de-curriculum-vitae/](http://www.web-emprego.com/modelos-de-curriculum-vitae/)

Europass CV & motivation letter <https://europa.eu/europass>

## 5. Labour Law (work contracts)

Working in Portugal: your rights (Portuguese Labour Law) – guide for foreign worker

[https://portal.act.gov.pt/AnexosPDF/Documentação/Brochuras,%20folhetos%20e%20cartazes/Folhetos/Relações%20de%20Trabalho/guia\\_trabalhadorestrangeiro\\_EN.pdf](https://portal.act.gov.pt/AnexosPDF/Documentação/Brochuras,%20folhetos%20e%20cartazes/Folhetos/Relações%20de%20Trabalho/guia_trabalhadorestrangeiro_EN.pdf)

Working in Portugal – FAQs

<https://portal.act.gov.pt/Pages/PerguntasFrequentes.aspx>

Authority for Working Conditions [www.act.gov.pt](http://www.act.gov.pt)

## 6. Wage Simulators 2026

Doutor Finanças [www.doutorfinancas.pt/simulador-salario-liquido-2026/](http://www.doutorfinancas.pt/simulador-salario-liquido-2026/)

DataLABOR <https://datalabor.pt/simuladores/sal-liquido>

## 7. Starting up a business / freelancers

«Espaço Empresa»: one-stop shop for employers <https://www2.gov.pt/en/inicio/espaco-empresa>  
 Creating a company online <https://www2.gov.pt/en/servicos/criar-uma-empresa-online>  
 Establishing a company on the spot <https://www2.gov.pt/en/servicos/criar-uma-empresa-na-hora>  
 Entrepreneur's Desk <https://www2.gov.pt/en/inicio/espaco-empresa/balcao-do-empreededor>  
 Business Support Centres: one-stop shops for entrepreneurs <https://www.iapmei.pt/Contacts.aspx>  
 AICEP Portugal Global : investing in Portugal [www.portugalglobal.pt/en/investment/doing-business/](http://www.portugalglobal.pt/en/investment/doing-business/)  
 Lisbon Challenge - Startup Acceleration Programme <https://lisbon-challenge.com>  
 Unicorn Factory Lisboa <https://unicornfactorylisboa.com>  
 Taguspark <https://taguspark.pt/>  
 Algarve Tech Hub <https://algarvetechhub.com>  
 Porto Tech Hub <https://portotechhub.com>  
 Tecmaia <https://www.tecmaia.pt>  
 Aveiro Tech City <https://www.aveirotechcity.pt>  
 Instituto Pedro Nunes <https://www.ipn.pt>  
 N-invest Portugal (AEP) [www.n-investportugal.pt](http://www.n-investportugal.pt)  
 InvestPorto [www.investporto.pt](http://www.investporto.pt)  
 InvestBraga <https://investbraga.com>  
 Enterprise Europe Network in Portugal [https://bit.ly/EEN\\_Portugal](https://bit.ly/EEN_Portugal)  
 Starting up a business in the EU [https://europa.eu/youreurope/business/running-business/start-ups/starting-business/index\\_en.htm](https://europa.eu/youreurope/business/running-business/start-ups/starting-business/index_en.htm)

## 8. Remote workers / Digital nomads / Coworking

Portugal for Digital Nomads Guide <https://govisafree.com/digital-nomad-portugal/>  
 Co-worker.com [www.coworker.com/portugal](http://www.coworker.com/portugal)  
 Co-working spaces network in the interior of Portugal <https://bit.ly/TeleworkingInteriorPT>  
 Digital Nomad Visa – Residency (*for 3rd country nationals*) <https://vistos.mne.gov.pt/en/national-visas/necessary-documentation/temporary-stay#for-the-exercise-of-a-professional-activity-done-remotely-digital-nomads>  
 Digital Nomad Visa – Temporary Stay (*for 3rd country nationals*) <https://vistos.mne.gov.pt/en/national-visas/necessary-documentation/residency#for-the-exercise-of-a-professional-activity-done-remotely-digital-nomads>

## 9. Social Security

Portuguese Social Security [www.seg-social.pt](http://www.seg-social.pt)

## 10. Taxation

Portuguese Taxes Portal [www.portaldasfinancas.gov.pt](http://www.portaldasfinancas.gov.pt)

Tax System in Portugal

[https://info.portaldasfinncas.gov.pt/pt/docs/Conteudos\\_1pagina/Pages/portuguese-tax-system.aspx](https://info.portaldasfinncas.gov.pt/pt/docs/Conteudos_1pagina/Pages/portuguese-tax-system.aspx)

## 11. Learning Portuguese

Camões Institute [www.instituto-camoes.pt](http://www.instituto-camoes.pt) (*online language training up to C1*)

Portuguese Language Centres, Lectorates, University Cathedras and Schools throughout the world  
[www.instituto-camoes.pt/en/activity-camoes/what-we-do/learn-portuguese/on-site-learning](http://www.instituto-camoes.pt/en/activity-camoes/what-we-do/learn-portuguese/on-site-learning)

Online platform for Portuguese <http://pptonline.aima.gov.pt> (*new version to be released soon*)

Portuguese Closer to you [www.portuguesmaisperto.pt/indexEN.htm](http://www.portuguesmaisperto.pt/indexEN.htm)

Learning portuguese in Portugal (Universities) [www.instituto-camoes.pt/en/activity-camoes/what-we-do/learn-portuguese/in-portugal](http://www.instituto-camoes.pt/en/activity-camoes/what-we-do/learn-portuguese/in-portugal)

CAPLE : Portuguese Language certification authority <http://caple.lettras.ulisboa.pt/>

Comon European Framework Reference for Language Skills

<https://europa.eu/europass/fr/common-european-framework-reference-language-skills>

### Private e-learning platforms

European Portuguese

[www.practiceportuguese.com](http://www.practiceportuguese.com)

[www.portugueselab.com](http://www.portugueselab.com)

[www.portugalist.com/european-portuguese-courses/](http://www.portugalist.com/european-portuguese-courses/)

Brazilian Portuguese

[www.easyportuguese.org](http://www.easyportuguese.org)

[www.busuu.com](http://www.busuu.com)

[www.duolingo.com](http://www.duolingo.com)

[www.babbel.com](http://www.babbel.com)

**30 Apps for learning Portuguese** [www.alllanguageresources.com/portuguese-apps/](http://www.alllanguageresources.com/portuguese-apps/)

**Portuguese (Private) Certified Language Schools in Portugal**

(including immersive intensive course offer)

[www.languageinternational.com/portuguese-schools-portugal](http://www.languageinternational.com/portuguese-schools-portugal)

## 12. Healthcare

National Healthcare System [www.sns.gov.pt](http://www.sns.gov.pt)

Access to Portuguese NHS [http://bit.ly/HealthAccess\\_EUcitizens](http://bit.ly/HealthAccess_EUcitizens)

## 13. Education

Portuguese Educational System

<https://euroguidance.gov.pt/en/educational-system>

[www.scholaro.com/db/Countries/Portugal/Education-System](http://www.scholaro.com/db/Countries/Portugal/Education-System)

[www.expatica.com/pt/education/children-education/the-education-system-in-portugal-105195/](http://www.expatica.com/pt/education/children-education/the-education-system-in-portugal-105195/)

Polytechnic Education [www.portugalpolytechnicuniversities.com/en/](http://www.portugalpolytechnicuniversities.com/en/)

Study in Portugal (Universities) <https://www.studyportugal.pt/>

International Schools in Portugal

[www.international-schools-database.com/country/portugal](http://www.international-schools-database.com/country/portugal)

[www.movingtoportugal.pt/dia-a-dia/estudar-em-portugal/](http://www.movingtoportugal.pt/dia-a-dia/estudar-em-portugal/)

Kindergarten Directory <https://infantariospt.com>

School Equivalence (*primary & secondary education*) [www.dge.mec.pt/equivalencias-estrangeiras](http://www.dge.mec.pt/equivalencias-estrangeiras)

Academic Recognition (ENIC-NARIC Centre) [http://bit.ly/PT\\_EnicNaric](http://bit.ly/PT_EnicNaric)

## 14. Professional Recognition

Recognition of Professional Qualifications

[www.dgert.gov.pt/reconhecimento-das-qualificacoes-profissionais](http://www.dgert.gov.pt/reconhecimento-das-qualificacoes-profissionais)

Regulated professions and competent authorities

<https://www.dgert.gov.pt/lista-das-profissoes-regulamentadas-e-autoridades-competentes>

## 15. Return to Portugal

[www.programaregressar.gov.pt/en/](http://www.programaregressar.gov.pt/en/) (for Portuguese emigrants, relatives & descendants)

## 16. Leisure & Culture

[www.visitportugal.com](http://www.visitportugal.com) (*tourism*)

[www.viralagenda.com/?locale=en](http://www.viralagenda.com/?locale=en)

[www.timeout.com/lisbon/](http://www.timeout.com/lisbon/)

[www.timeout.com/porto/](http://www.timeout.com/porto/)  
<http://cincartaz.publico.pt> (*cinema*)  
[www.agendalx.pt](http://www.agendalx.pt)  
<https://lisboando.pt>  
<https://oportoando.com>  
<https://enalgarve.com>  
[www.lifecooler.com](http://www.lifecooler.com)  
[www.bol.pt](http://www.bol.pt)  
[www.ticketline.pt](http://www.ticketline.pt)  
<https://bilheteira.fnac.pt>

## 17. Visa & Immigration Procedures

*(for 3rd country nationals)*

Portuguese Visas Portal (Ministry of Foreign Affairs) <https://vistos.mne.gov.pt/pt/>

Work (& Research) Visa – Temporary Stay <https://vistos.mne.gov.pt/en/national-visas/general-information/type-of-visa#work-and-investigation>

Residency Visa for Work purposes <https://vistos.mne.gov.pt/en/national-visas/general-information/type-of-visa#work>

Agency for Integration, Migrations and Asylum (Immigrants' Residence & Integration in Portugal)  
[www.aima.gov.pt](http://www.aima.gov.pt)

## 18. Gov.pt: the Portuguese public services portal

<https://gov.pt/>

Request the Tax, Social Security and National Healthcare Service ID numbers altogether  
<https://www.gov.pt/servicos/pedir-os-numeros-de-identificacao-fiscal-seguranca-social-e-nacional-de-utente-saude-para-estrangeiros>

## 19. Work in Portugal event

Annual info & recruitment event about Portugal, at the European Job Days platform:

**2025 edition** (November 4<sup>th</sup> and 5<sup>th</sup> November):

[www.europeanjobdays.eu/workinportugal2025](http://www.europeanjobdays.eu/workinportugal2025)

*(Programme recording and Powerpoint presentations are available)*

## 20. HOW TO REACH US

[eures@iefp.pt](mailto:eures@iefp.pt)

**Chat on Fridays** (11:00 to 13:00 CET)

[https://eures.europa.eu/eures-services/chat-eures-advisers\\_en](https://eures.europa.eu/eures-services/chat-eures-advisers_en)

**Online Advice** <https://bit.ly/euresPTadvice>

Social media, events and other useful info @...

**Linktree EURES Portugal** <https://linktr.ee/euresportugal>